# **Empathy**

Each of us is a uniquely capable and flawed human being, doing the best we can with the knowledge and resources available to us. Each of us is deserving of dignity and the opportunity to participate in society as fully as we wish to. Empathy helps us understand what others are going through, which helps us build more meaningful connections, breaks down stereotypes, and helps us build a more inclusive and understanding society.

## **Fairness**

If we agree that all humans are equal and if we want to live in harmony, it shouldn't be controversial to help those who are less fortunate or to reward people based on how beneficial their contributions are to society and the world.

### **Science**

The Scientific Method and the Peer Review Process are two tools we use to improve our understanding of the universe. They can also be applied to collective decision-making, enabling us to maximize benefit while minimizing harm.

# **Inclusivity**

There are known knowns. There are known unknowns. And there are unknown unknowns. The unknown unknowns are the most dangerous, but there is insurance that you can take out against unknown unknowns - and that is to surround yourself with the most diverse points of view, people from all walks of life and people with all kinds of ideas, especially those different from your own. Surrounding yourself with diverse perspectives and people from all walks of life is the best way to build a resilient, inclusive community.

# **Sustainability**

Our aim is to alleviate suffering now and ensure the continuity of all forms of life—human, animal, and plant—into the future. This can only be achieved by respecting and wisely using the resources we have. By adopting sustainable practices, we can safeguard our environment, make efficient use of resources, and secure a thriving future for all, rather than barreling towards extinction.